

## Our School

Welcome to the Bridge's Newsletter

Fortnightly News: 5<sup>th</sup> July 2019

Dear Parents & Shareholders,

It's almost the end of term and we are wrapping up all our activities for the academic calendar. As part of our strategy to map the progress of our students and ensure continuous improvement, we have been organizing end of year meetings with parents and professionals. This will help us to review effectiveness and manage our working strategies for positive outcomes to be achieved for each student. As we continue to develop and expand we are still reaching out to individuals to join our board of governors. We seek for individuals respected in the community and passionately committed to the education and welfare of young learners. If you wish to recommend someone, or to put yourself forward for the role, please contact the school so that we may begin the process.

- Edith Eneanya- Bonito – *The Principal*



## Educational

This week, we saw our learners bake *Chin-Chin* (an African snack), using their visual cooking/baking schedules but with staff supervision. The activity was aimed at supporting the students develop new cooking skills and refine their thresholds for different sensory information. They were able to add all the ingredients and mix them up by themselves. It was really enjoyable for the learners as they kneaded and cut the dough into different shapes and sizes. The activity served as a sensory stimulation exercise for most of our learners, allowing them to experience different senses of; touch, smell and taste. It also helped strengthen their gross motor skills and their hand to eye coordination.

### BARBECUE

The students will be rounding off the summer term with barbecue activities on the 23<sup>rd</sup> of July from 10am to 2pm. This will present our young adults with opportunities to participate in social inclusion activities and make new friends. Parents and careers are invited to join in the activities. Please contact the school should you wish to attend

### SUMMER PROGRAMME

We are still registering young adults/learners for our summer program which commences on the 29<sup>th</sup> of July to the 30<sup>th</sup> of August. This program will run from Mondays to Fridays 9.00am to 3.00pm including Saturdays (10am to 4pm). With lots of centre-based and community activities, such as: Spa sessions, bowling, swimming, field trips, kayaking, cooking, visits to the museum, boat trips, day trips and) Interested persons should please contact the school for more information.

### WEEKLY STRATEGIES

Transitions can sometimes pose a challenge for people with autism. While some behaviors in response to transitions may look similar between neurotypical people and people with Autism Spectrum Disorder (ASD), the reasons behind the behaviors can differ. When someone with ASD is navigating life, the world can be an unpredictable place, and a set routine can help them feel more in control, greatly easing anxiety and frustration. If that routine needs to change for any reason especially with the long summer term holidays which is forthcoming, they may feel emotionally overwhelmed in response.

Visual timetable schedules, social stories, timers etc are strategies that could be use to manage transitions understanding why people are struggling with a transition can help parents and carers to determine appropriate responses, devise strategies to ease transitions and prevent emotional escalation.

- **Stages**



The Bridge SEN School now runs an **ASD Activity Club** on Saturdays, 10am to 4pm, and Mondays 5pm to 8pm. There are lots of activities available for young learners within the ages of 16 to 25 years. These activities range from bowling, snooker, photography club, Art and Crafts, Museum visits, Cooking, Interior Decoration, etc. We receive referrals from members of the public and local authorities; please contact the school on [admin@thebridge-school.co.uk](mailto:admin@thebridge-school.co.uk) or Tel: 02077038587

# Our Activities Centre

**This week theme** is on **Summer Activities**.

Our Summer Activities Includes: **Arts and Crafts, Dancing, Reading a Book, Going to a movie, Listening to music and Dancing Competitions, Music sessions, tending our Garden, harvesting vegetables (Parsley) and Barbecue back garden party.**

We visited Burgess park to pick Cherries, we picked as much as possible **Cherry fruits** at Burgess Park, nearly all the trees at Burgess Park are Cherries. We continued with Self-care (**Brushing teeth**) to promote independence living for our learners. Also, Cooking skill is practised on weekly basis to increase Learners independence.

We have also continued with board games **Snakes & Ladders, Ludo and Computer Games** to promote social skills and communication amongst our learner  
- **Gideon (Activity Coordinator)**

*The Bridge School admits students all through the academic year between the ages of 14-25. If you are interested in placing a student at the school or obtaining more information, please contact [admin@Thebridge-school.co.uk](mailto:admin@Thebridge-school.co.uk)*

## THE BRIDGE ACADEMIC CALENDAR

### **EDUCATION**

END OF TERM – 23<sup>rd</sup> JULY (Last day at School)

BACK TO SCHOOL – Monday 2<sup>nd</sup> September 2019

HALF TERM – 21<sup>st</sup> October 2019 – Friday 25<sup>th</sup> October 2019

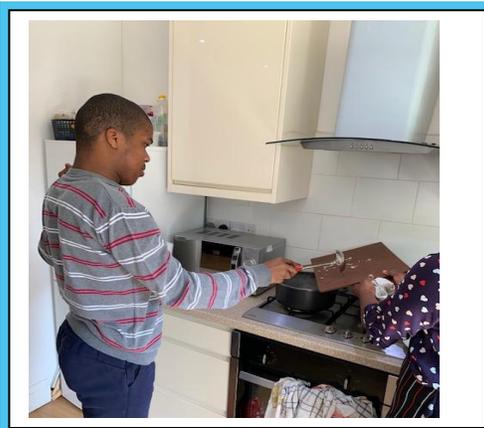
*(Please see our website: [www.thebridge-school.co.uk](http://www.thebridge-school.co.uk) for full Academic Year 2019/2020 Calendar)*

### **ACTIVITY**

Our activity centre is open throughout the year, except on Bank Holidays.



## Drawings/Pictures of the month



### **OPENING TIMES AT LIRAL VEGET COLLEGE**

#### **LONDON**

Liral Veget College is the parent company for *London School of English* and *The Bridge SEN School*. It offers a variety of **English language courses, After School Club** and **Life in the UK Preparation classes**. Our opening times are 8.30am – 21.30pm Monday to Friday and 10.00am - 4.00pm on Saturdays. **Academic Manager** - (James Nuttall)

### **QUOTE OF THE WEEK**

*“It takes a village to raise a child. It takes a child with autism to raise the consciousness of the village,”*

*Coach Elaine Hall*

*Collected Works”.*

We publish our newsletter fortnightly. Copies will be emailed to you and made available on the school's website on (<https://www.thebridge-school.co.uk/our-school>). Thanks for all your feedback. If you would like to make more contributions to our newsletter, please email me on [admin@thebridge-school.co.uk](mailto:admin@thebridge-school.co.uk) - Maryanne Orakah